



## THE POTHOLES OF PARENTING: PART 1

Reflection/discussion guide

Do this activity on your own, as a couple or in your small group and discuss together.

Look at each part of C.O.N.N.E.C.T. again:

- Clean the slate
- Open your eyes to their world
- Notice their progress
- Neglect the small stuff
- Express your love through their language
- Create memories
- Talk with your children

- Which of these come fairly easily/naturally for you?
- Is there one or two that did not come easily, but you've made effort and progress?
- Which do you need to prayerfully improve upon?
  - Is there a parent who you've noticed is good in an area of your weakness that you can take to coffee and learn from?
- **IDEA:** Assign a specific day of the week to each letter, and commit to doing something intentional on that day to connect with your child in that area.

### Example:

#### Sunday = Clean the Slate:

Every Sunday, take time to pray for your child's shortcomings; specifically the areas that tend to bother YOU the most. Ask God to examine your heart and help you clean your own slate of expectations where needed.