



THE PHASES OF PARENTING: GRADES 6-8

Reflection/discussion guide

- What about this phase of your child's life are you most enjoying?
- What about this phase of your child's life are you finding the most challenging?
- How have you seen each key area of change (social, emotional, physical, intellectual) begin to manifest in your child?
- Based on the changes your child is going through, how have you (or how might you need to) adjusted some of your parenting expectations? Rules? More?
- Scripture points out that in this phase of his life, Jesus grew in wisdom, in stature and in favor with God and man. In what ways have you seen your child grow in these areas?
- In this phase, your primary role is switching to that of a Cheerleader. How is that process going?
- **IDEA:** Be an intentional cheerleader! Plan ahead of time key areas to verbally praise and encourage your young teen.

Examples:

Report Card: Find ANY place of improvement and cheer them on for making strides in that area.

Birthday: On their next birthday, make part of the celebration a time set aside for family members to speak words of affirmation and encouragement!